



1st CYPRUS INTERNATIONAL ORIENTEERING FESTIVAL

FIVE DAYS - FIVE EVENTS

11th - 15th MARCH 2020

LIMASSOL AREA, CYPRUS



Bulletin #2

1st CYPRUS ORIENTEERING FESTIVAL
Wednesday 11th – Sunday 15th MARCH 2020
Limassol area, CYPRUS



Organiser:

Cyprus Mountaineering, Sports Climbing & Orienteering Federation
 Orientation Club (KOA Registration # 957)
 17 Ayios Neofytou Street,
 Lakatamia, 2334 Nicosia,
 Cyprus.



Event Organisers:

Event Coordinator & Secretary: Ms Diana Bridger
 Course Planner: Mr Peter Smith
 Course Advisor: Mr Dick Carmichael



Event Centre:

Hylatio Holiday Village, Pissouri, Limassol

Event Programme: (Optional tours are not yet final and will be subject to demand).

Tuesday 10 th March 2020	
Until 20:00	Event Centre opens, arrivals & checks in
Wednesday 11 th March 2020	
09:30	Event 1 – Melanda South
13:30	Optional tour – St Neophytos Monastery, Paphos Mosaics & Petra tou Romiou
18:00-20:00	Event Centre open
Thursday 12 th March 2020	
09:30	Event 2 – Melanda North
13:30	Optional tour – Choirokitia to see traditional halloumi making & basket weaving
18:00-20:00	Event Centre open
Friday 13 th March 2020	
10:00	Event 3 – Lophou Village
13:30	Optional tour – Omodhos village with lunch & local winery tour
18:00-20:00	Event Centre open
Saturday 14 th March 2020	
09:30	Event 4 – Kouris Dam area (new map)
13:30	Optional Tour – Kolossi Castle & Ancient Kourion
18:00-19:00	Event Centre open
19:00	Event Taverna Dinner – Location TBC
Sunday 15 th March 2020	
09:30	Event 5 – Kourion
14:00	Prize giving and farewells 😊

CLASSES:

Under 10 (shadowing permitted),

M/W12, M/W14, M/W16, M/W18, M/W20, M/W21, M/W21E, M/W35, M/W45, M/W55, M/W65, M/W75+

NB - The organisers hold the right to amalgamate or expand classes depending on the number of entries.

ENTRY FEES:

€60.00 per competitor for all five stages (five events). (Under 10yrs half price).

€15.00 per competitor for single events.

EQUIPMENT:

Runners are to provide their own compass and whistle.

Full leg coverage is highly recommended.

SPORTident electronic timing will be used. Own SPORTident cards may be used. Rent of SPORTident card is €10.00 for all five days or €3.00 per single day. Please note that loss of rented SPORTident card will be charged at €40 each. SPORTident Air (SIAC) is not currently available this time.

PRIZES:

Prizes will be awarded to the overall winner, second and third in each category after the five events.

Sponsors are currently sought for prizes for the individual events, so watch this space and hopefully we can bring you some good news. 😊

DEADLINES:

All entries paid BEFORE 31/12/2019 will receive 50% discount.

All accommodation paid before 15/10/2019 will receive 5% discount.

All accommodation bookings are on a first come first served basis, so we strongly suggest you book and pay early to avoid disappointment.

The final date for entries and accommodation bookings is 20 February 2020.

Please note that any entries or accommodation bookings not paid for by 21 February 2020 and any last minute exceptional entries will be subject to an additional 20% charge.

EMBARGOED AREAS:

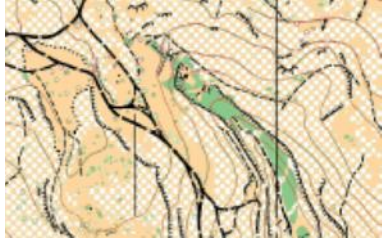
The following areas, as from 01 June 2019, are considered OUT OF BOUNDS and embargoed for any type of events and or training, including hiking or walking:

MELANDA and KOURION orienteering areas.

Likewise, LOPHOU VILLAGE is also considered OUT OF BOUNDS and embargoed for any type of event and or training as from 01 September 2019.

MAPS:

Melanda North and Melanda South: An updated 1:7,500 Melanda Map will be used. The area is open bondu with few obstructions across parallel ridges and three valleys which are crossed by numerous tracks and paths. This area is can be quite physical in places for runners on the advanced courses. A sample of the maps is shown here:



Kouris Dam:

The new 1:7,500 map drawn in 2018/2019 by Peter Smith will be used. The area is open bondu with few obstructions with some steep slopes and crags in places. A sample of the map is shown here:



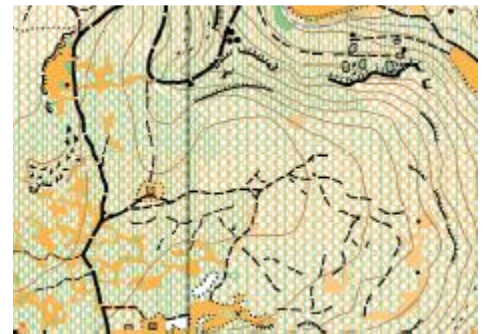
Lophou Village:

The 1:3,000 Lophou village map drawn by Michael Savvides will be used. There are plenty of narrow, twisty village roads and foot paths – some tarmac, some cobbled, some loose surface. Also, some steps and some rough open areas. Competitors are to avoid trespassing on private property and gardens. A sample of an old map is shown here:



Kourion:

An updated 1:10,000 'Episkopi East & Kurium' map will be used. The ground is mixed bondu, crossed by plenty of tracks and paths. In places though, the bondu is dense and difficult to pass directly through. There are some runnable tracks in the centre of the area and there are some steep-sided spurs to the north. A sample of the map is shown here:



MAP OF CYPRUS:



MAP SHOWING EVENT LOCATIONS, EVENT CENTRE AND ACCOMMODATION OPTIONS:



ACCOMMODATION:

The Cyprus International Orienteering Festival participants will have *exclusive* use of the Hylatio Holiday Village during the dates 10-15 March 2020. This will also be our Event Centre.

Whilst it is not obligatory to book your accommodation through us, the event organisers have gone out of their way to make sure the best possible hotel rates are available to all participants. These rates will be available only through us and are amazing value for money. It is hoped that as many participants as possible will choose our Event Centre so as to create a great 'O Holiday' atmosphere. For those wishing to stay in Limassol city, there are two offers: Poseidonia Beach Hotel on the sea front and Navarria Hotel, opposite, on the other side of the road.

All accommodation price rates shown below are only available for a minimum of 4 nights stay.

It is also possible to book accommodation for the days before and/or after the event with the same prices. All bookings and payments should be made through direct bank payment to Orientaction.

All accommodation bookings will be made on a first come, first served basis, so please make your reservations well in advance as rooms are limited and are booking up fast.

All bookings made and paid before 15/10/2019 will receive 5% discount.

Hylatio Holiday Village, Pissouri, Category A: (Minimum 4 nights)

<http://hylatio.com.cy/>

Studio 2 persons BB : €40.00 per day

Studio 2 persons HB : €64.00 per day

Studio 1 person BB : €36.00 per day

Studio 1 person HB : €48.00 per day

Apartment Supplement for 2 persons : €8.00 per unit per day

3rd Person sharing Studio or Apartment : €18.00 per day with breakfast

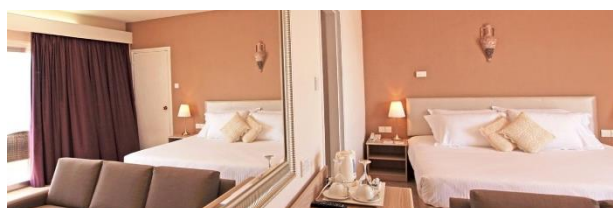
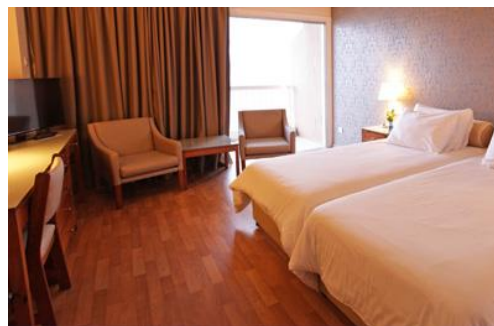
3rd Person sharing Studio or Apartment : €30.00 per day with half board



Poseidonia Beach Hotel, Limassol, 4 Star: (Minimum 4 nights)

<https://www.poseidonia-beachhotel.com/>

Twin/double 2 persons BB : €72.00 per day
Twin/double 2 persons HB : €106.00 per day
Single (single use of double) HB : €59.00 per day
Single (single use of double) HB : €77.00 per day
3rd Person sharing on BB : €28.00 per day
3rd Person sharing on HB : €46.00 per day
Seaview Supplement: €10.00 per day per person



Navarria Hotel, Limassol, 3 Star: (Minimum 4 nights)

<http://www.navarriahotel.com/>

Twin/double 2 persons BB : €65.00 per day
Twin/double 2 persons HB : €78.00 per day
Single (single use of double) HB : €46.00 per day
Single (single use of double) HB : €52.00 per day
3rd Person sharing on BB : €25.00 per day
3rd Person sharing on HB : €32.00 per day
Seaview Supplement: €4.00 per day per person



AIRPORT TRANSFERS:

Airport transfers to your hotel/accommodation can also be arranged. Please send us your flight number and date of arrival and number of persons. Cost of airport transfers will be confirmed in Bulletin 3.

TRANSPORT TO AND FROM EVENTS:

It is possible to walk from the event centre to the start for both the Melanda events on days one and two. Transport to and from events will be available for events on days three, four and five only. The cost of the transport will be €23.00 per person for all three days and should be paid with the entries and accommodation.

AFTERNOON SIGHT-SEEING TOURS:

We will offer the following exciting sight-seeing tours in the afternoons, after the orienteering events. Tours will leave from the Event Centre or leave directly after the events, from the event location (depending on the day) and will return you to your hotel accommodation. All Prices include: air-conditioned coach, all entrance fees and an English-speaking guide. A minimum of 20 persons are required for any of the tours offered to materialize. Request for guides speaking other languages will be considered if over 20 persons.

Wednesday 11 th March 2020	
13:45	Tour to Paphos area – First stop is St Neophytos Monastery founded in the 12 th century by the Cypriot hermit and writer Neophytos. The ‘Egkleistra’, an enclosure carved out of the mountain by the hermit, contains some of the finest Byzantine frescoes dating from the 12 th to 15 th centuries. Next is a visit to the House of Dionysos, a UNESCO Heritage site, well known for its unique and famous mosaics. On the way back, catch the sunset at the birthplace of Aphrodite, the goddess of beauty and love. According to mythology the goddess rose from the waves by the rocks called Petra tou Romiou. Cost: €46.00 per person.
Thursday 12 th March 2020	
13:45	Experience Cypriot hospitality at its best in the beautiful village of Choirokitia. Here in a restored traditional house with a picturesque courtyard you will see the famous “halloumi” cheese being made. Taste it with warm and fresh along with freshly baked break and a local coffee or lemonade. Watch a demonstration of traditional basket weaving. Try it yourselves and take your own colourful basket home with you to remind you of your attempt. Cost: €47.00 per person
Friday 13 th March 2020	
13:30	Tour to Omodhos one of the oldest wine producing villages on the Southern slopes of the Troodos Mountains. The village square is surrounded by local “kafeneia” (little coffee shops) and cobbled streets. After lunch in a local restaurant there will be time to visit the famous Monastery of the Holy Cross as well as a nearby local winery. The tour will commence from Lophou after the sprint event. Cost: €57.00 per person includes lunch with wine and water with meal, followed by wine tasting.
Saturday 14 th March 2020	
13:30	Tour to Kolossi castle which was founded by the Knights of St. John. Next stop is the ancient site of Kourion which was once the most important city kingdom on the island. Visit the cliff top amphitheater with its stunning backdrop and the House of Eustolius with its fabulous mosaics. Cost: €39 per person. The tour will commence from the event location near Kouris Dam.

VISAS:

The Republic of Cyprus is part of the EU. All EU citizens and those from Switzerland, and Norway, do not require a visa, just your national ID or passport valid for at least another six months after March 2020.

<http://www.mfa.gov.cy/mfa/mfa2016.nsf/All/3F7BBB003BF48930C2258022003F96AB?OpenDocument>

For a full list of other nationalities who not require a visa, please see this list:

<http://www.mfa.gov.cy/mfa/mfa2016.nsf/All/79B8D5C3759907EDC2258022003F8580?OpenDocument>

Visa application details can be found here:

<http://www.mfa.gov.cy/mfa/mfa2016.nsf/All/46E970412EFF7E6FC2258022003F9D33?OpenDocument>

Visa form for download can be found here:

<http://www.mfa.gov.cy/mfa/mfa2016.nsf/All/963AE3247E4E908AC225802F00243D07?OpenDocument>

IMPORTANT NOTE:

Please note that only official International Airports of the Republic of Cyprus at Larnaca and Paphos may be used.

<http://www.mfa.gov.cy/mfa/mfa2016.nsf/All/0E03E0EE9B9833EAC2258022003F023B?OpenDocument>

IMPORTANT NOTICE:

All participants in the Cyprus Orienteering Festival take part at their own risk and responsibility. Whilst a full risk assessment will be conducted and will be made available, the organisers cannot and will not be held responsible for any accidents or damages that may occur during the event.

FIRST AID & NEAREST HOSPITAL:

A First Aider will be on duty at all events.

A first aid kit and drinking water will be available at the registration, start and/or finish areas of each event.

The nearest Accident & Emergency is Limassol General Hospital, on the North West side of Limassol. Tel 25801100.

INFORMATION ABOUT CYPRUS:

For information about Cyprus, please visit the following official website:

www.visitcyprus.com

Please note that the weather in March can often be varied and changeable. Please bring appropriate clothing including jackets.

www.cyprus-weather.org

ORGANISER CONTACT DETAILS:

CYPRUS ORIENTEERING FESTIVAL WEB SITE:

www.cyprusorienteering.com

info@cyprusorienteering.com

Facebook:

fb.me/orienteeringfestivalcyprus

Event Coordinator and contact for Accommodation, Transport and Tours Bookings:

Ms Diana BRIDGER

Email: cyprusorienteeringfestival@gmail.com

Mobile: +357 99413479

PAYMENTS:

All Payments for entries, accommodation, transfers and tours should be made by direct back transfer to Orientation Club as follows:

BANK OF CYPRUS

Name on Account: SYLLOGOS ORIVASIAS KAI AGWN PROSANATOLIMOU ORIENTACTION

IBAN: CY36 0020 0195 0000 3570 1137 3319

Bank Account No.: 3570 1137 3319

Swift Code: BCYPCY2N

ENTRIES:

Click on the web site link at

www.cyprusorienteering.com

THE EVENT IS SUPPORTED BY:





See you in Cyprus!

See you in Cyprus!

