

# 2<sup>nd</sup> CYPRUS INTERNATIONAL ORIENTEERING FESTIVAL FIVE DAYS - FIVE EVENTS 16<sup>th</sup> - 20<sup>th</sup> MARCH 2022 LARNACA REGION & SOUTH EASTERN CYPRUS



# Organiser:

Cyprus Mountaineering, Sports Climbing & Orienteering Federation Orientaction Club (KOA Registration # 957) 17 Ayios Neofytou Street, Lakatamia, 2334 Nicosia, Cyprus.

# **Event Organisers:**

Event Coordinator & Secretary: Ms Diana Bridger Course Planners: Mr Peter Smith, Ms Diana Bridger Course Advisor: Mr Dick Carmichael Event Advisor: Ms Diana Bridger

# **Event Centre:**

Either the Cactus Hotel or San Remo Hotel in Larnaca (TBC)

# Event Programme: (Optional tours can be arranged for the afternoons subject to demand).

Tuesday 15 <sup>th</sup> March 2022	
Until 20:00	Event Centre opens, arrivals & checks in
Wednesday 16 <sup>th</sup> March 2022	
10:00	Event 1 – Cape Greco
18:00-20:00	Event Centre open
Thursday 17 <sup>th</sup> March 2020	
10:00	Event 2 – Sia/Mathiatis
18:00-20:00	Event Centre open
Friday 18 <sup>th</sup> March 2020	
10:00	Event 3 – Sia/Mathiatis
18:00-20:00	Event Centre open
Saturday 19 <sup>th</sup> March 2020	
10:00	Event 4 – Kornos
18:00-19:00	Event Centre open
19:00	Fun pairs night event in Larnaca old town (extra event) TBC
Sunday 20 <sup>th</sup> March 2020	
10:30	Event 5 – Lefkara village (sprint)
14:00	Prize giving and farewells 😂







# CLASSES:

Under 10 (shadowing permitted),

M/W12, M/W14, M/W16, M/W18, M/W20, M/W21, M/W21E, M/W35, M/W45, M/W55, M/W65, M/W75+

NB - The organisers hold the right to amalgamate or expand classes depending on the number of entries.

# ENTRY FEES:

€60.00 per competitor for all five stages (five events). (Under 10yrs half price).€15.00 per competitor for single events.

# EQUIPMENT:

Runners are to provide their own compass and whistle.

Full leg coverage is highly recommended.

SPORTident electronic timing will be used. Own SPORTident cards may be used. Rent of SPORTident card is €10.00 for all five days or €3.00 per single day. Please note that loss of rented SPORTident card will be charged at €40 each. SPORTident Air (SIAC) is NOT currently available.

# REQUIREMENT FOR SAFE PASS OR EU DIGITAL COVID CERTIFICATE:

All competitors must be in possession of an up to date local Cyprus SAFE PASS or the EU Digital COVID Certificate to participate in the events each day.

https://ec.europa.eu/info/live-work-travel-eu/coronavirus-response/safe-covid-19-vaccineseuropeans/eu-digital-covid-certificate\_en

# PRIZES:

Prizes will be awarded to the overall winner, second and third in each category after the first four events. The Sprint event will have separate prizes.

# **DEADLINES:**

All entries paid BEFORE 31/12/2021 will receive 50% discount.

All accommodation bookings are on a first come first served basis, so we strongly suggest you book and pay early to avoid disappointment.

The final date for entries and accommodation bookings is 20 February 2022.

Please note that any entries or accommodation bookings not paid for by 21 February 2022 and any last minute exceptional entries will be subject to an additional 20% charge.

# EMBARGOED AREAS:

The following areas, as from 01 August 2021, are considered OUT OF BOUNDS and embargoed for any type of events and or training, including hiking or walking:

CAPE GRECO, MATHIATIS/SIA and KORNOS orienteering areas.

Likewise, LEFKARA VILLAGE is also considered embargoed for any type of event and or training as from 01 August 2021.

#### MAPS:

#### Cape Greco (Konnos Beach):

An updated 1:7,500 Konnos Beach map (originally drawn in 2014 by Hadzhimitev & Garkov) will be used. The area is semiopen bondu with some thick bushy parts and some crags, which is crossed by numerous tracks and paths. A sample of the map is shown here:

#### Sia/Mathiatis:

An updated 1:7,500 Sia-Agia Varvara map (originally drawn in 2014 by Hadzhimitev & Garkov) will be used. The area is hilly, with plenty of steep slopes and crags in places, crossed with a few paths and tracks, with a patchwork of cultivation in places. Contour detail is intricate. A sample of the map is shown here:

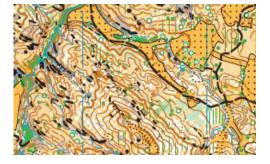
#### Kornos:

The 1:7,500 Kornos map (drawn by Hadzhimitev in 2020) will be used. The area is hilly, partly forested, partly open, with some interesting prominent features and crags. This is a new area, which has not been used before. A sample of the map is shown here:

#### Lefkara:

An updated 1:3,000 Lefkara Map (originally drawn in 2016 by Hadzhimitev & Garkov) will be used. There are plenty of narrow, twisty village roads and foot paths – some tarmac, some cobbled, some loose surface. Also, some steps and some rough open areas. Competitors are to avoid trespassing on private property and gardens. A sample of the map is shown here:





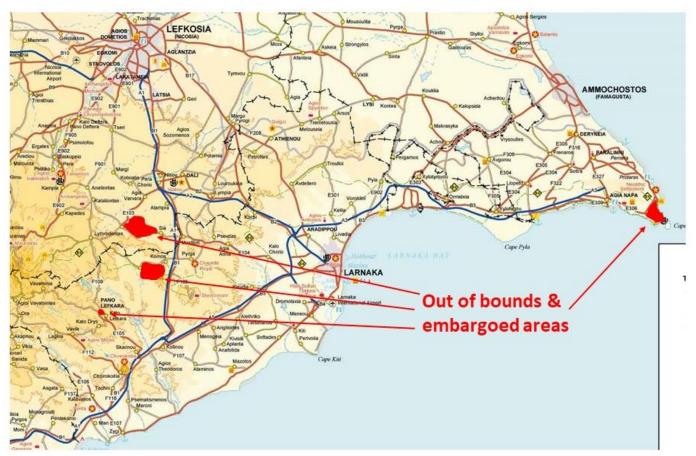




# MAP OF CYPRUS SHOWING AIRPORTS, COMPETITION AREAS AND EVENT HOTEL LOCATIONS:



#### **MAP SHOWING EMBARGOED AREAS :**



#### ACCOMMODATION:

Cyprus International Orienteering Festival participants will be able to use three hotels in Larnaca :the Cactus Hotel, the San Remo Hotel and the Best Western Larco Hotel. EXCLUSIVE rates have been negotiated and will available only when booked through CIOF. They are all close by and within walking distance to central Larnaca and the beach. One of these hotels (TBC) will also be our Event Centre.

Whilst it is not obligatory to book your accommodation through us, the event organisers have gone out of their way to make sure the best possible hotel rates are available to all participants. These rates will be available only through us and are amazing value for money.

All accommodation price rates shown below are only available for a minimum of 4 nights stay. It is also possible to book accommodation for the days before and/or after the event with the same prices. All bookings and payments should be made through direct bank payment to Orientaction. All accommodation bookings will be made on a first come, first served basis, so please make your reservations well in advance as rooms are limited and will book up fast.

#### Cactus Hotel (2 star): (Minimum 4 nights)

https://cactushotel-larnaka.com/en/#about

Twin/Double room for 2 persons BB : €42.00 per night Twin/Double room for 2 persons HB : €63.00 per night

Single room for 1 person BB : Single room for 1 person HB :

Triple room for 3 persons BB : Triple room for 3 persons HB : €36.00 per night €46.50 per night

€65.00 per night €96.50 per night.





# San Remo Hotel Larnaca, 2 Star: (Minimum 4 nights) https://sanremohotel.com-hotel.com/

Twin/Double room for 2 persons BB : €34.00 per night Twin/Double room for 2 persons HB : €52.00 per night

Single room for 1 person BB : Single room for 1 person HB :

€43.00 per night

€24.00 per night

€33.00 per night

Triple room for 3 persons BB : Triple room for 3 persons HB :

€69.00 per night.





Best Western Larco Hotel, Larnaca, 3 Star: (Minimum 4 nights) https://www.bestwestern.com/en US.html

Twin/Double room for 2 persons BB : €52.00 per night Twin/Double room for 2 persons HB : €72.00 per night

Single room for 1 person BB : Single room for 1 person HB : €44.00 per night €54.00 per night

Triple room for 3 persons BB : Triple room for 3 persons HB : €69.00 per night €99.00 per night.







# AIRPORT TRANSFERS:

Airport transfers to your hotel/accommodation can also be arranged. Please send us your flight number and date of arrival and number of persons, so we can send you a quote. Alternatively, a self drive hire car is a suggested option for the duration of your stay (see below).

# TRANSPORT TO AND FROM EVENTS:

Self drive hire cars are easily available to book on line and costs are reasonable. They will give participants more flexibility and can be collected and returned at the airport. Cyprus drives on the left as in UK.

Alternatively, transport to and from events will be available for events on all days. The cost of the transport will be €90.00 per person for all five days, or €20.00 per person per event. This should be paid with the entries and accommodation.

# VISAS:

The Republic of Cyprus is part of the EU. All EU citizens and those from Switzerland, and Norway, do not require a visa, just your national ID or passport valid for at least another six months after March 2022.

For a full list of other nationalities who not require a visa, please see this list: <u>https://mfa.gov.cy/no-visa-requirement.html</u>

List of countries requiring a visa: https://mfa.gov.cy/requiring-visa-to-enter.html

Visa application details can be found here: https://mfa.gov.cy/application-process-and-requirements.html

# **IMPORTANT NOTE:**

Please note that only official International Airports of the Republic of Cyprus at Larnaca and Paphos may be used.

https://mfa.gov.cy/important-information-concerning-travel-to-occupied-area.html

# FLIGHT PASS TO ENTER CYPRUS:

Current COVID containment regulations stipulate that ALL inbound passengers to Cyprus are required to fill out and present a 'Cyprus Flight Pass'. This needs to be done 48 hours before departure. Instructions can be found here:

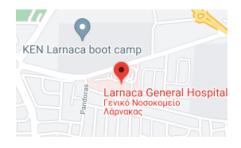
https://cyprusflightpass.gov.cy/en/application-process

# **IMPORTANT NOTICE:**

All participants in the Cyprus Orienteering Festival take part at their own risk and responsibility. Whilst a full risk assessment will be conducted and will be made available, the organisers cannot and will not be held responsible for any accidents or damages that may occur during the event.

# FIRST AID & NEAREST HOSPITAL:

A qualified First Aider will be on duty at all events. A first aid kit and drinking water will be available at the registration, start and/or finish areas of each event. The nearest Accident & Emergency is Larnaca General Hospital, on the West side of Larnaca. Tel 24800500.



#### **INFORMATION ABOUT CYPRUS:**

For information about Cyprus, please visit the following official website: <u>www.visitcyprus.com</u>

Please note that the weather in March can often be varied and changeable. Please bring appropriate clothing including jackets.

www.cyprus-weather.org

ORGANISER CONTACT DETAILS: CYPRUS ORIENTEERING FESTIVAL WEB SITE:

www.cyprusorienteering.com info@cyprusorienteering.com

Facebook: fb.me/orienteeringfestivalcyprus

#### Event Coordinator and contact for Accommodation, Transport and further information:

Ms Diana BRIDGER Email: <u>cyprusorienteeringfestival@gmail.com</u> Mobile: +357 99413479

#### **PAYMENTS:**

All Payments for entries, accommodation, transfers and tours should be made by direct back transfer to Orientaction Club as follows:

BANK OF CYPRUS Name on Account: SYLLOGOS ORIVASIAS KAI AGWN PROSANATOLISMOU ORIENTACTION IBAN: CY36 0020 0195 0000 3570 1137 3319 Bank Account No.: 3570 1137 3319 Swift Code: BCYPCY2N

ENTRIES: Click on the web site link at www.cyprusorienteering.com

#### THE CYPRUS INTERNATIONAL ORIENTEERING FESTIVAL IS SUPPORTED BY:





# See you in Cyprus!



